



Level :TCST

May 2021

Second Term English Test

It is alarming that the teen stress experience is so similar to that of adults,” said Norman B. Anderson, the American Psychological Association’s chief executive. “In order to break this cycle of stress and unhealthy behaviors as a nation, we need to provide teens with better support and health education, at school and at home, at the community level and in their interactions with health care professionals.”

This fact doesn’t surprise the experts who work with teens. They say that the main causes are: pressures of schoolwork, social life, sports or other activities — combined with a relentless media culture —because of that young people become tenser than ever before.

The American Psychological Association’s survey found that 16 % of teens reported feeling sad or depressed because of stress and 30% felt overwhelmed. Another 33 % said that stress makes them tired and 21% said they’ve skipped meals because of it.

Stress seems to be getting worse for some teens, according to the survey. About 21% of kids said that their stress level had increased in the past year, twice as many as those who said that it went down. And 37 % said that they expected their stress level would rise in the coming year.

THE NBC Newspaper / February 11th 2014

A/ Comprehension / Interpretation. (8pts)

1. a - The text is: a .newspaper report b. a police report 3. a radio report . (1pt)

2. Are these sentences TRUE or FALSE according to the text? (1,5pts)

- 1) Norman B. Anderson is the American Psychological Association’s chief executive
- 2) American teenagers stress surprises the experts who work with teens
- 3) 20 % of teens reported feeling sad or depressed because of stress

3. Answer the following questions according to the text (3 pts)

1. What are the main causes of stress among teenagers?

.....

2. What are the consequences of stress?

.....

3. Does the stress seem to be getting better for some teenagers?

.....

4) What do the underlined words in the text refer to (1,5pts)

a- them (3§):..... b-It(3§)..... c) their (4§).....

5) Choose the suitable title for the text (1pt)

a- Stress among American Teenagers.

- b- American Teenagers' manners at school.
c-Education system in the United States of America.

B/ TEXT EXPLORATION. (7pts)

1. Find in the text words or phrases that have the same meaning to the following (0,5 pt)

- a- Joined(2§)=..... b- decreased(4§)=.....

2. Complete the table. (1.5 pts)

Noun	Adjective(ful)	Adjective(less)
.....		hopeless
.....	beautiful	
care		

3. Rewrite the sentence B so it means the same as A :

(3 pts)

- 1)a- "Do you know my neighbour Jinna?" he asked her.
b. He asked
2) a- He asked, "can you help me?."
b. He asked me.....
3) a- "Get off my sight!" the boss ordered him. .
b. The boss.....

4. Derive adverbs from the adjectives between brackets: (1 pt)

- 1) Have I pronounced your name(correct) ?
2) Jack often does his assignments (precise)

5. Classify these words according to the pronunciation of their final "s" (1 pt)

Witnesses , behaviors, adults ,reporters

/S/	/Z/	/IZ/

PART TWO :Written Expression (05 points) :

Fill in the gaps with words from the following list

(Informants – recommend – survey- reading- questionnaire)

This is a report of the findings of a about teenagers newspaperhabits.I Submitted a to thirty informants.Surprisingly,I found out that most of the did not read newspapers at all .Therefore, I that these teenagers spend more time reading newspapers

Correction :

a) **Comprehension/interpretation.** (8pts)

a) **The text is :** .a news paper report

2) **Are these sentences true or false according to the text?**

1) true

2) false

3) false

3) **Answer the following questions according to the text.**

1) The main causes are pressure of school work, social life , sports or other activities combined with a Relentless media culture.....

2) The consequences are ; stress makes them tired, feeling of sadness or depression , skipping from meal....

3) No, it doesn't.

a. Them (§3) teens

b. It (§3) stress c) their : 21/ of kids

5) **Choose the suitable title for the text.**

a. Stress among American teenagers

b/ **Text Exploration . (7pts)**

1. **Find in the text words or phrases that have the same meaning to the following.**

a-joined (2§) = combined

b-decreased (§4) =went down

.2 . **Complete the table (1.5pt)**

Noun	Adjective (full)	Adjective (less)
Hope	hopeful	hopeless
beauty	beautiful	/
care	careful	careless

3. **Rewrite the sentence B so it means the same as A:** (1.5 pt)

-He asked if she knew his neighbor Jinna.

-He asked me if I could help him.

-The boss ordered him to get off his sight.

4. **Derive adverbs from the adjectives between brackets :**

a. correctly.

b. precisely.

5. **Classify these words according to the pronunciation of their final "s"**

/S/	/Z/	/IZ/
Adults	Behaviors, reporters	witnesses

Written expression (5pts)

1) survey

2) reading

3) questions

4) informants

5) recommend