

School:

Date: April/2016/2017

Class: 2MS...

Name:

Text:

The First Test (last term) _

What is a healthy lifestyle?

Carl gets up at 7.30 am and has two slices of toast with jam with a glass of milk for breakfast.

His mother drives him to school on her way to work. He eats cookies and a packaged fruit drink for morning snack and a pot pie ordered from school cafeteria with a fruit drink for lunch.

He doesn't like any salad or fruit. He likes playing card games with his friends at lunch times. He catches the bus home, had a cereal bar and a can of soda for afternoon snack, then watches TV. He has a shower before dinner, then he plays the computer for an hour or two. He goes to bed at 10.30 p.m.



Part one: Reading comprehension (7 pts)

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Activity one: Read the text and answer the following questions.

*Does Carl prefer cookies? →

*Does he follow a healthy way in eating? →

Activity two: Read the text again and put **true/false** or **not mentioned**. (3 pts).

Sentences	true	false	Not mentioned
He doesn't waste too much time in playing computer games.			
He drinks too much soda.			
His mother doesn't give him any advice to keep healthy.			

Activity three: Match the pairs (2 pts)

Column A	Column B
Slices	soda
A can	Of bread
A glass	Chocolate
A bar	lemonade

Mastery of language

Activity one: Complete with **some** or **any** (3 pts).

*Does Carl eat..... vegetables?.

*He prefers eatingcookies .

*He doesn't eatfresh fruit.

Activity two: Classify the following words in the right column (2 pts).

Milk-jam- soda -cookies.

Countable nouns	Uncountable nouns
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-	

Activity two: Sort out from the text words that have the following sounds ./ei/-/ai/-/i/-/a:/(2 pts).

Fish /i/	Peach /i:/	Rice /ai/	Play /ei/
.....			

Part two :Situation of integration

Imagine Carl is your close friend, write a short letter to him in which you talk about your favourite meal(drinks and food)and say why you prefer them .(he may change his style of life of eating to better one.

Use theses cues: **-3 meals a day** (eat regularly)

-Dairies (milk –yoghurt –cheese)

Fresh fruit (apples –oranges....)

-vegetables (salad..)

-drinks (fruit juice –water)

Use **some** and **any adverbs** of manner.

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Good luck